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ACUPUNCTURE HOLDS BENEFITS FOR DIABETES SUFFERERS

Patients with diabetes may have new hope for treatment – Acupuncture.

A recent study conducted in a country exhibiting exceptionally high rates of diabetes in both its general population as well as foreign residents may offer new hope for persons suffering from this condition anywhere in the world.

The United Arab Emirates (UAE) demonstrates a very high rate of Type II Diabetes (non-insulin dependent) in its population. Estimates run as high as 25% of the population suffering from diabetes and 90% of these are in the Type II position. Apparently, the cause is both a lack of physical activity and poor eating habits.

The Acupuncture study was conducted at the Dubai Wellbeing Center and was spurred by the fact that 1 in 3 visitors to the center show signs of diabetes. The 17 doctors from the center administered Acupuncture treatment and traditional diabetes treatments to 60 patients divided into two groups.

The Acupuncture group of 38 patients received treatment at three points administered once daily for 30 days. The control group of 22 took usual diabetes prescribed drugs. Both groups followed the same regulated diet during the study.

Besides the major benefit to the Acupuncture group of marked improvement to their condition, none of the participants showed any side effects to their treatment. Officially, 27 (71%) of this group were successfully treated and only 11 (29%) needed some additional treatment.

In the drug-taking control group, 12 (55%) cases were rated as effectively treated and 8 (36%) significantly helped. However, 20 (91%) of them showed serious side effects to the drugs, including kidney failure.

The study concluded that Acupuncture treatments are a better alternative than existing drug treatments for diabetes and have no side effects. It is another study showing Acupuncture to be effective in a territory beyond only the handling of pain, where many people commonly think the benefits end.

SOURCE: <http://www.prweb.com/releases/2005/11/prweb315733.htm>
<http://www.acupuncture.com.au/education/q&a/diabetes.html>