

HEALTH REPORT

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ACUPUNCTURE FOUND TO ENHANCE FERTILITY AND IN VITRO FERTILIZATION SUCCESS

Lucy Appert had suffered through two miscarriages, a stillbirth and an intensive illness during pregnancy that resulted in surgery. After five years of trying to bring a healthy baby to term, she and her husband found success after she underwent a series of Acupuncture treatments. In March 2005, she delivered a healthy baby boy.

Appert stated, "I recommend Acupuncture to everyone. It does work. I did everything possible for years to have a baby. I almost lost hope."

Acupuncture has become more popular as a remedy for female infertility after a handful of American and European studies showed that it improved the success rate of in vitro fertilization.

Dr. Paul Magarelli, an infertility doctor in Colorado Springs, Colorado, said, "Do I believe in it? Absolutely." Dr. Magarelli is the co-author of an ongoing study into the use of Acupuncture with in vitro fertilization with Dr. Diane Cridennda. Dr. Cridennda is a licensed Acupuncturist with a master's degree in Oriental Medicine. Dr. Magarelli, while initially skeptical of the possible benefits of Acupuncture, finally admitted, "No matter how I look at this data, I see an improvement. I'm pretty much of a convert."

In general, studies seem to indicate that doing Acupuncture about 30 minutes before and after in vitro fertilization can increase the chance that the embryo will be implanted successfully. The Colorado study so far shows a 7% higher birth rate among those who received Acupuncture treatment.

Acupuncture seems to help some women conceive because it improves circulation to the ovaries which makes for healthier eggs, and to the uterus which increases the chances that the lining will be strong enough to hold those eggs to full-term.

SOURCE: www.foxnews.com/story/0,2933,154472.00.html